



Welcome

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BlazeSports America

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BlazeSports America's
2009, 2010 and 2011 National Boccia Team



Presentation Outline

1. Review of the rules of Boccia.
2. Review of Eligibility requirements.
3. Introduction to sport classification system.
4. Review of equipment/Equipment Suppliers
5. Information on the regional and national competition.
6. Information on follow up resources.
7. Question and Answer period
8. Video



Presentation Objectives

1. You will have a better overall understanding of the game of Boccia.
2. You will have a better overall understanding of the classification system used in the game of Boccia.
3. You will be better prepared to offer boccia in your local program.

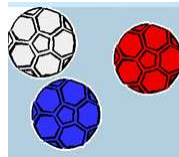


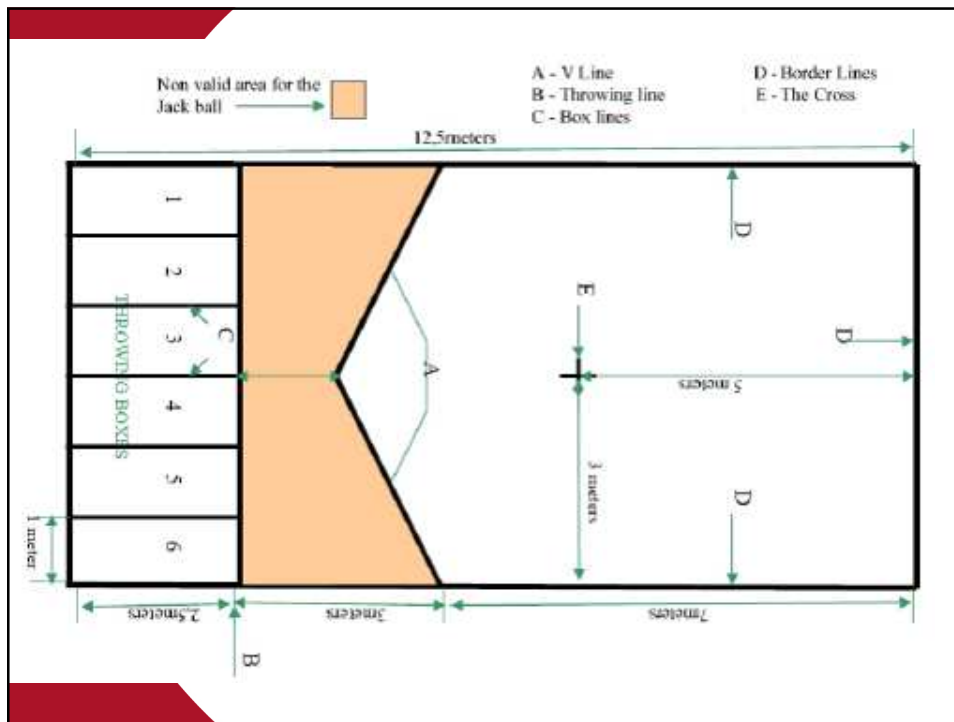
What is Boccia?

- Boccia is a throwing game of precision, played by athletes with cerebral palsy and related conditions.
- The object is to place balls closest to the target ball on a long narrow playing court.



Skill, Strategy, Dedication





National Governing Body
 Disabled Sport Organization
 High Performance Management Organization
 Paralympic Sport Organization



Cerebral Palsy – International Sport and Recreation Association



History of Boccia

- 1976: Montreal
- 1980: Holland
- 1984: New York: 17 competitors
- 1988: Seoul: only BC1, BC2
- 1992: Barcelona
- 1996: Atlanta: BC3, Pairs
- 2000: Sydney
- 2004: Greece: BC4, BC4 Pairs
- 2008: Beijing: 20 countries, 88 athletes
- 2012: London



Growth in International Play

| Year/Event | # of countries | # of athletes | # in Team | # in BC3 Pairs | # in BC4 Pairs |
|-----------------------|----------------|---------------|-----------|----------------|----------------|
| 2002 World Champ | 28 | 181 | 23 | 23 | 7 |
| 2003 World Cup | 26 | 151 | 19 | 18 | 6 |
| 2006 World Champ | 29 | 198 | 21 | 22 | 13 |
| 2007 World Cup | 24 | 179 | 21 | 17 | 13 |
| 2008 Paralympic Games | 20 | 88 | 12 | 8 | 8 |
| 2010 World Champ | 34 | 222 | 25 | 24 | 13 |



Eligibility for Paralympic Boccia

Persons described as quadriplegia with:

- Cerebral Palsy
- Traumatic Head Injury
- Stroke Survivors

OR



Persons who have conditions of a non cerebral origin that effect all four limbs including:

**High Spinal Cord Injury
Muscular Dystrophy
Arthrogryposis
MS
ALS**



Boccia is not just a Paralympic Sport.

**It is the perfect activity for
participant of all abilities!**



CLASSIFICATION

Boccia uses a sport classification system to assign athletes into groups for competition based on functional ability.



BC1 Player

Players with Cerebral Palsy classed as

CP 1 thrower or

CP 2 foot player

(field event class)





BC1 Player

Players with Cerebral Palsy classed as

CP 1 thrower or

CP 2 foot player

(field event class)



BC2

Players

Players with Cerebral Palsy classed as CP 2 (field event class)





Players who can not pick up and throw a ball consistently past the court v-line and therefore use a ramp to play the sport. These players may have CP or have a condition of non cerebral origin.

BC3 Player



BC4 Player

These players have conditions that effect all four limbs of a non cerebral origin.

They can throw a bocchia ball but are unable to throw a ball with the elbow above shoulder level.



Classes

- BC1
- BC2
- BC3
- BC4

Divisions

- Individual
- Pairs
- Teams



DIVISIONS

➤ **Individual:** BC1, BC2, BC3 & BC4

Competition with players from their own class

➤ **Pairs:** BC3 & BC4

Two players on court at a time, one substitute allowed

➤ **Team:** BC1 & BC2

Three players on court at a time, at least one BC1,

Two substitutes allowed



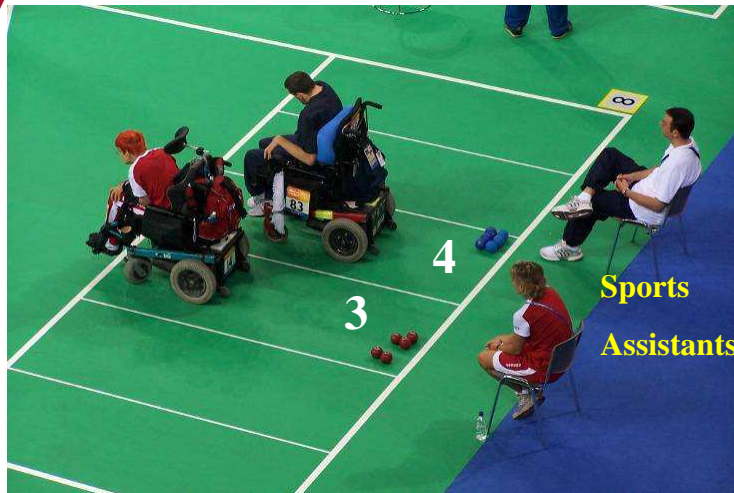


Time Limits

| | |
|--------------------------|-----------|
| Throwers: BC1, BC2 & BC4 | 5 minutes |
| Ramp Players: BC3 | 6 minutes |
| Teams | 6 minutes |
| Pairs: BC3 | 8 minutes |
| Pairs BC4 | 6 minutes |



BC1 Individual



BC2 Individual



BC3 Individual



BC4 Individual



Pairs



Partners sit in every other box.

Team



Team mates sit in every other box.



Order of Play



The jack (white) ball is thrown first and followed by the same player's colored ball. The opponent throws next and continues to play until they are closer to the jack. The color that is not closest plays, until they are closer or run out of balls. After all balls are thrown, the end is scored.

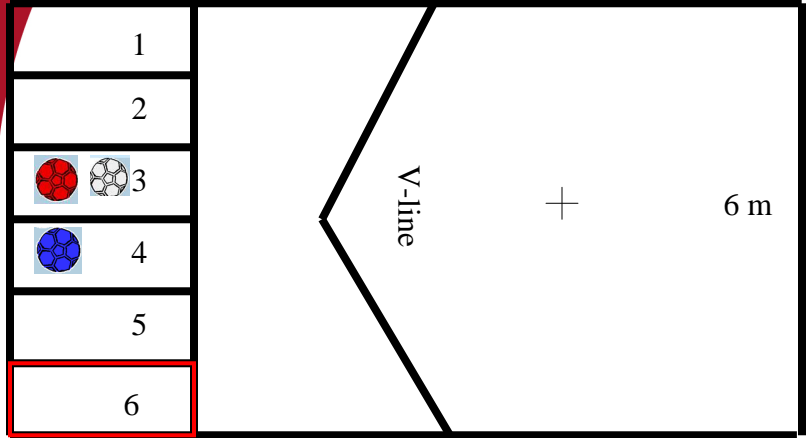


Boccia Court

10 m

Playing Boxes

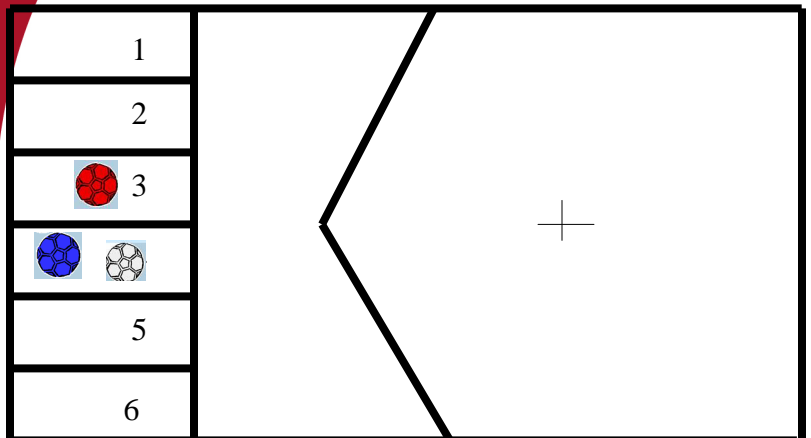
1m



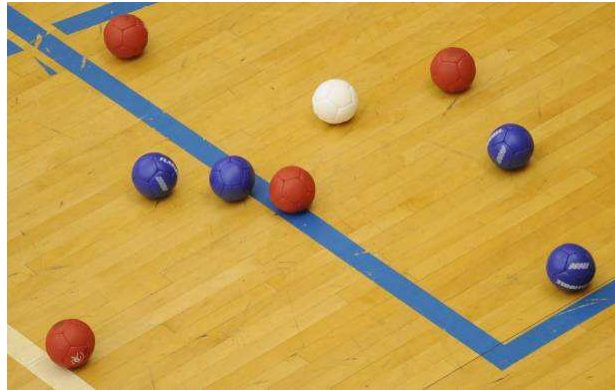
2.5 m



Boccia Court



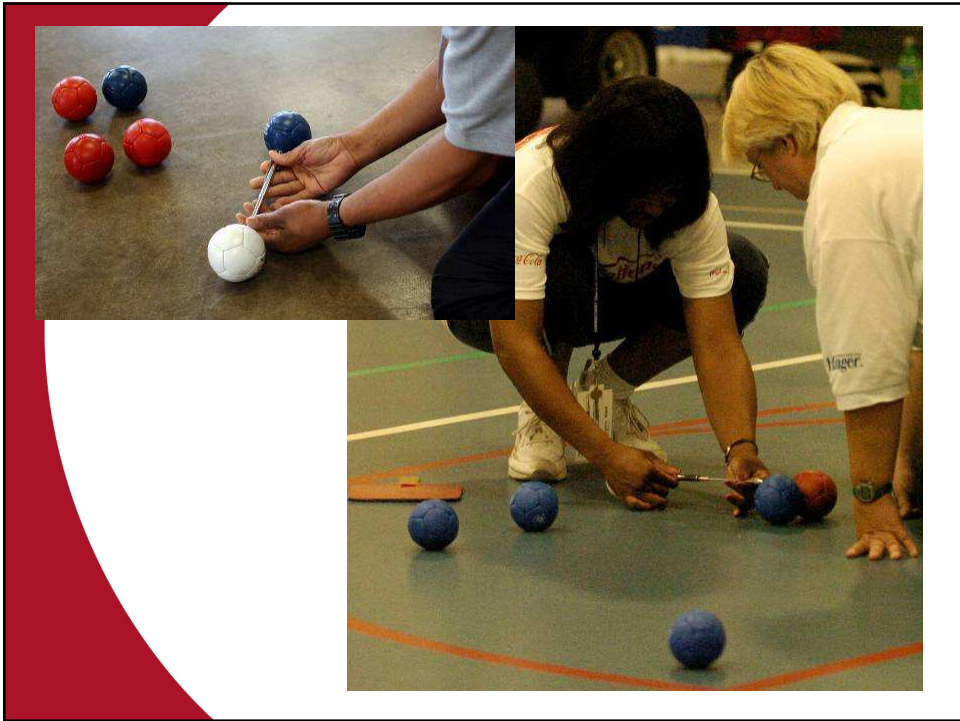
Scoring

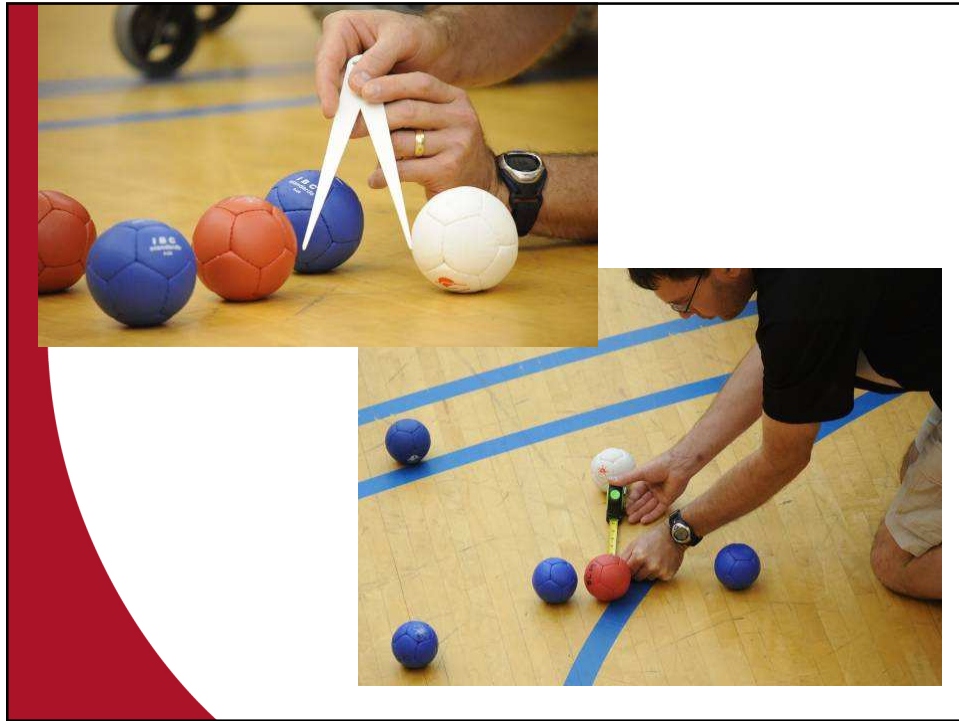


The color that is closest to the jack scores.

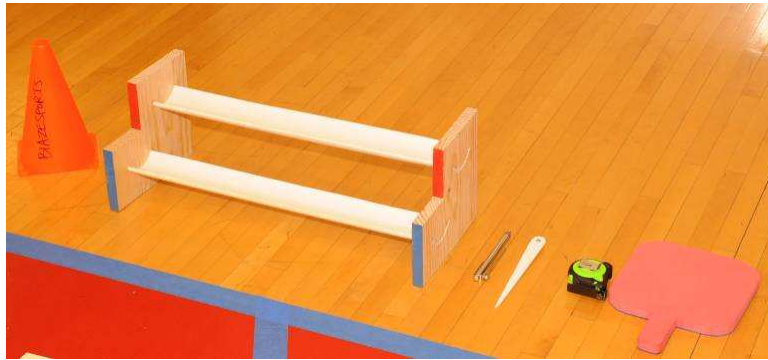
The side gets as many points as they have balls closer than their opponents closest ball up to a possible six points per round.







Other Boccia Equipment









Flaghouse or HandiLife



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Soft boccia set: Item # W12686



| | | |
|---|---|--|
|  | FLAGHOUSE Bocchia Bag #W12686 #W15918 Heavy-duty carry bag for #W12686 Bocchia Set. | Add to Cart \$12.95 |
|  | FLAGHOUSE Bocchia Replacement Ball - BLUE #W15913 Blue replacement ball for #W12686 Bocchia Set. Synthetic hand sewn ball with easy grip and true roll. | Add to Cart \$12.95 |
|  | FLAGHOUSE Bocchia Replacement Ball - RED #W15911 Red replacement ball for #W12686 Bocchia Set. Synthetic hand sewn ball with easy grip and true roll. | Add to Cart \$12.95 |
|  | FLAGHOUSE Bocchia Replacement Ball - WHITE #W15916 White target ball replacement for #W12686 Bocchia Set. Synthetic hand sewn ball with easy grip and true roll. ... View Complete Description | Add to Cart \$12.95 |
|  | FLAGHOUSE Soft Bocchia Set #W12686 The Only Way to Play Bocchia Indoors! Now, everyone can get into the match with this high-quality, soft Bocchia set! ... View Complete Description | Add to Cart Was: \$129.00 Now: \$109.00 Save 16% |



[Enlarge Image](#)

Includes all the tools to get a bocchia tournament or game going. Features a durable wooden outbox to hold balls that go out of bounds, self-locking measuring tape with tab for accurate measurement to the side of the ball, calipers for measuring small distances between balls, and a colored paddle to indicate whether red or blue is up to play. Bocchia balls not included, see Items #W84, or W876.

Bocchia in a Box

#W17692

Price: \$29.95

Prices are in US Dollars

Qty: [Add](#)

In Stock!

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BOCCIA SUPERIOR



Boccia is a fantastic sport which can be enjoyed by everyone - any time and anywhere!

The Boccia Game

Boccia is played in sports clubs, schools, for rehabilitation purposes, to spend a pleasant time - and as a serious elite sport. Boccia is related to petanque and boule, but is generally played indoors. All you need is a boccia set and a level base.

Standards

Handi Life Sport boccia balls are in accordance with the international competition standards as regards weight and size.

Weight: 275 g +/- 12 g
Size: 270 mm +/- 6 mm.

Superior boccia balls are available in 6 different types of hardness: medium, hard, medium/hard, soft, medium/soft and super-soft. Most players prefer medium balls which are delivered unless otherwise ordered. Players with little arm strength often prefer hard balls as they roll more easily. Other players are more comfortable with soft balls which

are easier to place and throw. You can also order a mix of soft and hard balls in the same set.

Just contact us - and we will deliver exactly the set you wish.

Quality

Handi Life Sport's Superior boccia balls are a first-class quality product made from only the best and most environmentally friendly materials. We do not use PVC.

The balls are hand-sewn from first-class Japanese synthetic leather (PU) so this material is flexible, soft and strong - yet also incredibly durable.

The balls are filled with a specially manufactured environmentally friendly plastic granulate giving each ball good, stable playing qualities.

A Handi Life Sport Superior boccia set is a deluxe product you won't be able to wear out - it only gets better in use. We provide 3 years warranty.

A boccia set consists of:
• 6 blue balls
• 6 red balls
• 1 white target ball
All is packed in a boccia bag

Extra accessories:

• Measuring band
• Measuring callipers
• Floor tape to mark the court



Measuring band, callipers and boccia tape

HANDI LIFE SPORT 

Blakke Moellervaj 18 • DK-4050 Skibby • Tel +45 4752 6022 • Fax +45 4752 6097 • hl@handilifesport.com • www.handilifesport.com

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HANDI LIFE SPORT BOCCIA SERIES



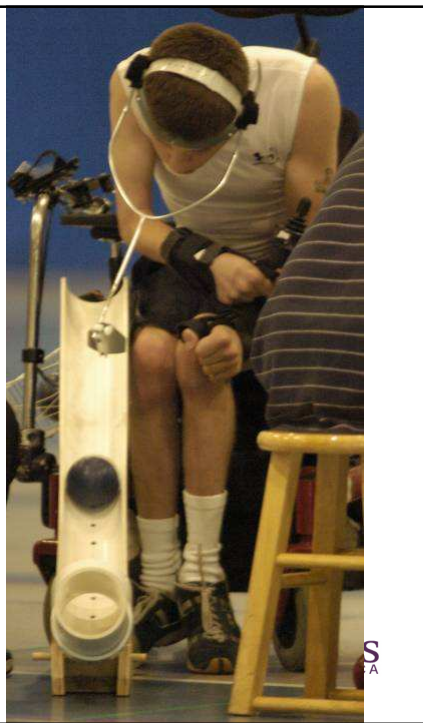
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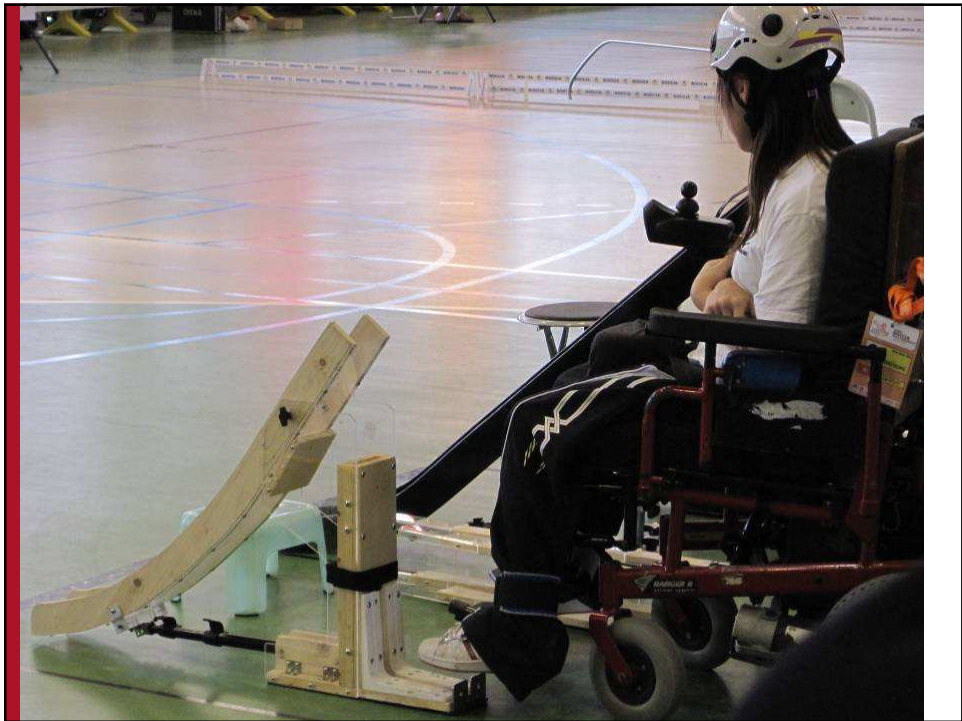
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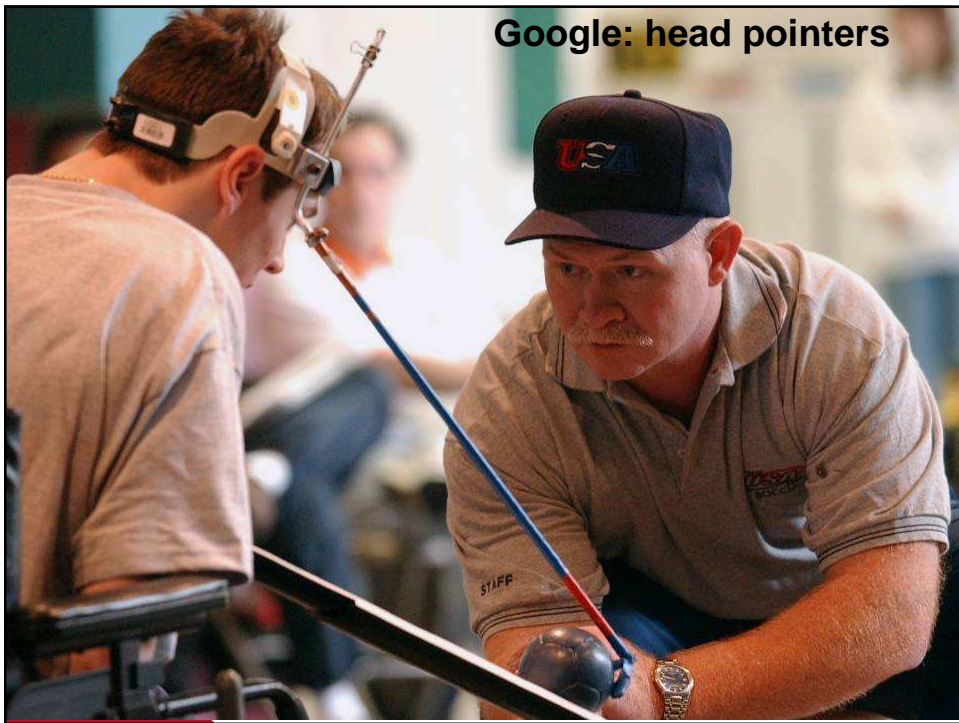





















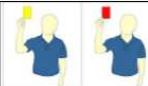










Referee Certification


- National Referee Certification Clinic held each year at the National Championships
- After passing a written and practical test, referees have provisional certified until they have officiated matches at the national level.
- BlazeSports can arrange Certification Clinics for programs.

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| Situation to be signalized | Description of the gestures | Gestures to be done by referees |
|--|---|---|
| Indication to throw jack or warm up balls Rules: 6.4, 6.5 | Move hand to indicate throwing |  |
| Indication to throw a coloured ball Rules: 6.7, 6.8, 6.9 | Show colour indicator according to the colour of the side playing |  |
| Time out Rule: 13.4 | Put the palm of the hand over the fingers of the other hand, which are in a vertical line (drawing a T) and say which side asked for it. (Example: Time out for – player's name / team / country / ball colour) |  |
| Substitution Rule: 6.19 | Rotate one forearm around the other |  |
| Measurement | Put one hand next to the other and pull them apart as if using a tape-measure |  |

| | | |
|---|---|---|
| 2 nd warning and consequent disqualification Rule: 10.4 | Show the yellow card and then the red one |  |
| Disqualification Rule: 10.4, 11.6 | Show the red card |  |
| Violations that cancel each other Rule: 10.2.6 | Raise vertically both thumbs |  |
| End completion / End of the match Rule: 6.10 | Cross the arms stretched and pull them apart |  |
| Score Rule: 0 | Put the fingers over the correspondent colour on the colour indicator to show the score (ex. 3 points to red) |  |

| Score Examples | | | |
|---|--|---|---|
|  |  |  |  |
| 3 Points for red | 7 Points for red | 10 Points for red | 12 Points for red |





2011 Boccia National Championship

Chicago, IL

TBA?





Regional Competitions

Mid America Games: midamericagames.com Kansas City

Challenge Games: challengegames.org Derby, Kansas

Michigan Victory Games: michiganvictorygames.com

Illinois Games: Erin Pool, epool@mnasr.org, 847-966-5522



Team USA





Cerebral Palsy International Sports & Recreation Association



CIPISRA Boccia World Cup 2011



Jordanstown
Campus of
University of Ulster
Northern Ireland



World ranking list of BC3

Sunday, Jun 20 2010

| RANK | SUM Points | NAME | COUNTRY | Competition | Position | points before coef | coef | points after coef | position sequence of competitions |
|------|------------|----------------------------------|---------------|-------------|----------|--------------------|-----------|-------------------|-----------------------------------|
| 1 | 43.75 | JEONG,Ho Won | KOREA | WC10 AS09 | 1 1 | 17 13 | 2 0.75 | 34.00 09.75 | 001,001 |
| 2 | 36 | MACEDO,Jose Carlos | PORTUGAL | WC10 Eu09 | 2 5 | 15 8 | 2 0.75 | 30.00 06.00 | 002,005 |
| 3 | 34.25 | MOHAMMAD TAHA,Nurulasyiqah Binte | SINGAPORE | WC10 AS09 | 3 2 | 13 11 | 2 0.75 | 26.00 08.25 | 003,002 |
| 4 | 31.25 | POLYCHRONIDIS,Grigorios | GREECE | WC10 Eu09 | 5 1 | 10 15 | 2 0.75 | 20.00 11.25 | 005,001 |
| 5 | 24.75 | KIM,Han Soo | KOREA | WC10 AS09 | 7 3 | 9 9 | 2 0.75 | 18.00 06.75 | 007,003 |
| 6 | 22 | FERREIRA DA SILVA,Luis | PORTUGAL | WC10 | 4 | 11 | 2 | 22.00 | 004,xxx |
| 7 | 22 | CRONIN,Johnny | IRELAND | WC10 Eu09 | 9 6 | 8 8 | 2 0.75 | 16.00 06.00 | 009,006 |
| 8 | 20.75 | RODRIGUEZ,Jose Manuel | SPAIN | WC10 Eu09 | 16 4 | 7 9 | 2 0.75 | 14.00 06.75 | 016,004 |
| 9 | 20.5 | PANANOS,Nikolaos | GREECE | WC10 Eu09 | 12 12 | 8 6 | 2 0.75 | 16.00 04.50 | 012,012 |
| 10 | 20 | COSTA,ARMANDO | PORTUGAL | WC10 | 6 | 10 | 2 | 20.00 | 006,xxx |
| 11 | 19.75 | PENA,Sandra | SPAIN | WC10 Eu09 | 26 2 | 5 13 | 2 0.75 | 10.00 09.75 | 026,002 |
| 12 | 18.5 | PUNSNIT,AKARAPOL | THAILAND | WC10 AS09 | 13 5 | 7 6 | 2 0.75 | 14.00 04.50 | 013,005 |
| 13 | 18.5 | HOGRELL,Sebastian | SWEDEN | WC10 Eu09 | 15 11 | 7 6 | 2 0.75 | 14.00 04.50 | 015,011 |
| 14 | 18.25 | KATO,Keita | JAPAN | WC10 AS09 | 10 11 | 8 3 | 2 0.75 | 16.00 02.25 | 010,011 |
| 15 | 18 | MARTINO,Monica | CANADA | WC10 | 8 | 9 | 2 | 18.00 | 008,xxx |
| 16 | 17.25 | DONG,Lieyuan | CHINA | WC10 AS09 | 17 4 | 6 7 | 2 0.75 | 12.00 05.25 | 017,004 |
| 17 | 16.75 | HANSON,Austin | UNITED STATES | WC10 Am09 | 31 3 | 5 9 | 2 0.75 | 10.00 06.75 | 031,003 |
| 18 | 16.5 | DUBOIS,Martin | CANADA | WC10 | 21 | 6 | 2 | 12.00 | 021,006 |

World ranking list of PAIRS BC3

Sunday, Jun 20 2010

| RANK | SUM Points | COUNTRY | Competition | Position | points before coef | coef | points after coef | position sequence of competitions |
|------|------------|---------------|---------------------|------------------|----------------------|-----------------------|----------------------------------|-----------------------------------|
| 1 | 50.75 | KOREA | WC10 AS09 PC08 WC07 | 1 1 1 3 | 13 11 11 11 | 2 0.75 1 0.5 | 26.00 08.25 11.00 05.50 | 001,001,001,003 |
| 2 | 44.75 | PORTUGAL | WC10 Eu09 PG08 WC07 | 2 1 3 1 | 11 11 7 15 | 2 0.75 1 0.5 | 22.00 08.25 07.00 07.50 | 002,001,003,001 |
| 3 | 28.25 | THAILAND | WC10 AS09 PG08 WCU/ | 7 2 4 2 | 5 9 5 13 | 2 0.75 1 0.5 | 10.00 06.75 05.00 06.50 | 007,002,004,002 |
| 4 | 26.75 | SPAIN | WC10 Eu09 PG08 WC07 | 5 5 2 7 | 6 3 9 7 | 2 0.75 1 0.5 | 12.00 02.25 09.00 03.50 | 005,005,002,007 |
| 5 | 24.75 | GREECE | WC10 Eu09 PG08 WC07 | 4 3 7 4 | 7 7 1 9 | 2 0.75 1 0.5 | 14.00 05.25 01.00 04.50 | 004,003,007,004 |
| 6 | 22.5 | CANADA | WC10 Am09 PG08 WC07 | 6 1 8 5 | 6 8 1 7 | 2 0.75 1 0.5 | 12.00 06.00 01.00 03.50 | 006,001,008,005 |
| 7 | 21.75 | BELGIUM | WC10 Eu09 | 3 4 | 9 5 | 2 0.75 | 18.00 03.75 | 003,004,xxx,xxx |
| 8 | 16.25 | JAPAN | WC10 AS09 WC07 | 8 4 10 | 5 5 5 | 2 0.75 0.5 | 10.00 03.75 02.50 | 008,004,xxx,010 |
| 9 | 14.25 | IRELAND | WC10 Eu09 WC07 | 12 2 15 | 3 9 3 | 2 0.75 0.5 | 06.00 06.75 01.50 | 012,002,xxx,015 |
| 10 | 14 | UNITED STATES | WC10 Am09 WC07 | 11 2 6 | 3 6 6 | 2 0.75 0.5 | 06.00 04.50 03.50 | 011,002,xxx,006 |

Sports AMERICA

Sunday, Jun 20 2010


| RANK | SUM Points | NAME | COUNTRY | Competition | Position | points before coef | coef | points after coef | position sequence of competition |
|------|------------|--------------------------|---------------|-------------|----------|--------------------|------|-------------------|----------------------------------|
| 1 | 34.5 | MORAN,Padraic | IRELAND | WC10 Eu09 | 15 | 5 | 2 | 30.00 04.50 | 001,005 |
| 2 | 34.25 | FERNANDES,JOAO Paulo | PORTUGAL | WC10 Eu09 | 13 | 2 | 2 | 26.00 08.25 | 002,002 |
| 3 | 27.25 | TADTONG,PATTAYA | THAILAND | WC10 AS09 | 11 | 3 | 2 | 22.00 05.25 | 003,004 |
| 4 | 25.75 | SMITH,David | GREAT BRITAIN | WC10 Eu09 | 6 | 1 | 2 | 16.00 09.75 | 006,001 |
| 5 | 21.75 | KIM,MYEONG SU | KOREA | WC10 AS09 | 10 | 1 | 2 | 12.00 09.75 | 010,001 |
| 6 | 18.5 | AANDALEN,Roger | NORWAY | WC10 Eu09 | 7 | 6 | 2 | 14.00 04.50 | 007,006 |
| 7 | 18 | THEPDAENG,THINNAKORN | THAILAND | WC10 | 4 | 9 | 2 | 18.00 | 004,xxx |
| 8 | 17.25 | MARQUES,ANTONIO | PORTUGAL | WC10 Eu09 | 12 | 4 | 2 | 12.00 05.25 | 012,004 |
| 9 | 16.25 | NETO,Antonio Nunes Silva | BRASIL | WC10 Am09 | 8 | 6 | 2 | 14.00 02.25 | 008,006 |
| 10 | 16 | PRADO,Jose Mamel | SPAIN | WC10 | 5 | 8 | 2 | 16.00 | 005,xxx |
| 11 | 15.75 | YUAN,WeiBo | CHINA | WC10 AS09 | 11 | 7 | 2 | 12.00 03.75 | 011,007 |
| 12 | 14.25 | NAGY,Jakub | SLOVAKIA | WC10 Eu09 | 9 | 13 | 2 | 12.00 02.25 | 009,013 |
| 13 | 12.75 | BELTRAN,Francisco | SPAIN | WC10 Eu09 | 17 | 3 | 2 | 06.00 06.75 | 017,003 |
| 14 | 12.25 | IBARBURE,Mauricio Javier | ARGENTINA | WC10 Am09 | 32 | 1 | 2 | 04.00 08.25 | 032,001 |
| 15 | 11.25 | VENTURA FLORES,Eduardo | MEXICO | WC10 Am09 | 23 | 3 | 2 | 06.00 05.25 | 023,003 |
| 16 | 10.5 | LEUNG,Mei Yee | HONG KONG | WC10 AS09 | 19 | 6 | 2 | 06.00 04.50 | 019,006 |
| 17 | 10 | JL Kwang Min | KOREA | WC10 | 13 | 5 | 2 | 10.00 | 013,xxx |
| 18 | 10 | HUATPRADIT,WITSANU | THAILAND | WC10 | 14 | 5 | 2 | 10.00 | 014,xxx |
| 19 | 10 | CHAGAS,Jose Carlos | BRASIL | WC10 | 15 | 5 | 2 | 10.00 | 015,xxx |
| 20 | 10 | WONG,Kam Lung | HONG KONG | WC10 | 16 | 5 | 2 | 10.00 | 016,xxx |
| 21 | 9.75 | HAWKER,Timothy | UNITED STATES | WC10 Am09 | 20 | 4 | 2 | 06.00 03.75 | 020,004 |

erts
ERICA

BSA Boccia Sport Advisory Committee

- Atlanta, GA
- Arlington, TX
- Chicago, IL
- New York, NY
- Topeka, KS
- Washington, D.C.





**BlazeSports
AMERICA**

Boccia has been a part of the Paralympics since 1984. Although the game originated long ago in Italy, its popularity has spread worldwide. It is said to be one of the fastest growing Paralympic sports. Boccia was originally presented as a sport for athletes with cerebral palsy, but is now open to all athletes with significant physical disabilities. Boccia tests the athlete's coordination, accuracy, concentration, and ability to strategize.

The Game

Boccia can be played one-on-one, in pairs, or in teams of three. It is played on a specially marked court, on a gymnasium floor. The object of the game is to throw or roll game balls so that they land as close as possible to a target ball called the jack. The game begins with a player throwing the white target ball onto the court. The opponent then throws. The player or team that is not closest to the jack must then throw until they put a ball closer to the jack. This continues until all balls are thrown.

When all the game balls have been thrown, a referee determines the points awarded to individuals or teams. The closest team receives the number of points equal to the number of balls that have closer to the jack than their opponent's closest ball. The game can be adapted to allow players with functional limitations to use chutes and ramps to place their game balls into play.

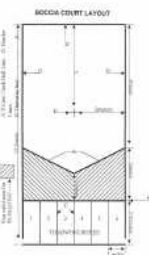
Equipment

A regulation boccia court is 6 Meters by 12.5 Meters. The playing boxes are on one end of the court. These boxes are 2.5 M X 1 M and each player must remain completely within his or her box during their throw. The jack/service ball must cross the V-line in order to be valid. If the jack is knocked out of the court during play, it is placed on the cross at mid court. The use of chutes and ramps enables many individuals to participate. A player may use an assistant when using a ramp. The athlete directs the sport assistant as to where he/she would like the ramp angled and ball placed on the ramp. The assistant may not look at the court so as not to influence the positioning of the ramp or ball.

A set of boccia balls consists of 6 red, 6 blue and 1 white. Good quality boccia balls are soft enough to grasp, but hard enough to roll well on the court surface. Official balls are hand-made of leather-like material and are approximately the size of a baseball.

**ports
AMERICA**


BOCCIA



BOCCIA COURT LAYOUT

Diagram showing court dimensions: 12.5 Meters (41 Feet) by 6 Meters (19 Feet 8.5 Inches). Playing boxes are 2.5 Meters (8 Feet 2.5 Inches) by 1 Meter (3 Feet 3.5 Inches). A V-line and a cross are also indicated.

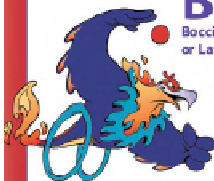

BlazeSports America is a 501 (c)(3) nonprofit organization that advances the lives of youth and adults with physical disability through sport and healthy lifestyles. BlazeSports programs and services encourage healthy lifestyles, foster independence and inclusion, and promote personal empowerment.



Active for Life Activity Card

BOCCIA

Boccia: Boccia (pronounced 'botck-ya' or botchee) is a target game with similar rules to Bocce or Lawn Bowls. It is a Paralympic sport.

Playing the Game

What you need

- Boccia balls, or alternative (see 'Equipment' overleaf).
- Suitable indoor or outdoor playing area.

What to do

- Boccia can be played in teams (three-a-side), pairs (two-a-side) or individually.
- Players can roll or throw the ball, propel it with their feet, or roll it down a ball-sending ramp (assistive device).
- The basic principle is to score as many points as possible by getting more of your own boccia balls closer to the jack (or target ball) than your opponent.

- The illustration shows the recommended court dimensions, but boccia can be played on any suitable size area.

- In addition, the cross (see 'Other rules') is marked 5 meters from the mid-point of the back line.

- The apex of the non-valid line is marked 1.5 meters from the mid-point of the throwing line.

- Players' boxes are 1 meter wide.

BOCCIA

Use the TREE model to modify this game. Try the modifications suggested below or devise your own.

Teaching style

- Select teams of equal playing ability to ensure success of beginning players.
- Get the players to agree on the appointment of a team captain. During play, the team captain decides which player on their team should go next.

Rules

- In team boccia (three-a-side), each player throws two balls corresponding to their team color – red or blue.
- Balls can be propelled in any manner providing that the player has direct contact on releasing the ball (that is, the ball cannot be struck with an implement, or released by a mechanical contraption).
- The side playing red throws the first jack. The ball must land in the valid area of the court.
- The jack ball is thrown by each player in turn at the start of each end. The player in box 1 (left-hand box when facing the court) starts the first end, and player 6 starts the sixth and final end.
- The side throwing the jack also play the first colored ball.
- The opposite side then play their first colored ball into court.
- The side furthest from the jack continue playing their balls until they get nearer (or run out of balls), at which point the other team play.
- In team boccia, each game consists of six ends – an end is completed when all 11 balls (jack, all the reds and blue) have been played.
- The side with the most balls closest to the jack scores one point for each scoring ball (each ball closer than the opposing team's closest ball).
- At the completion of six ends, the points scored on each end are added together – the team with the highest total score wins.

Equipment

- Flaghouse is the official provider of BlazeSports Boccia sets.
- Bean bags, paper and tape balls, and Koosh balls can also be used.
- A ball-feeding ramp can be used (for example, plastic guttering).

Environment

- When practicing, try using smaller and larger playing areas to set players different challenges.
- Try different playing positions to find the best one for each player.

BOCCIA

Safety

- Make sure that no-one enters the target area during play.

Questions

- What can players do to improve their accuracy?
- How can players make it difficult for their opponents?

Other games to play

- Boccia can lead into:
- target games, such as bowls, bocce or tennis.

Integrity

- Whatever modification is used, ensure that the integrity of the game is maintained. Games and activities should never be modified to the extent that they no longer resemble the original.



TEACHING RULES EQUIPMENT ENVIRONMENT



Active for Life Activity Card

ATTACK AND DEFEND

A game to improve accuracy and speed of throw for the game of Boccia: Boccia (pronounced 'botch-ya' or 'bothee') is a target game with similar rules to Bocce or Lawn Bowls. It is a Paralympic sport.

Playing the Game

What you need

- Boccia balls, or alternative (see 'Equipment' overleaf).
- Suitable indoor or outdoor playing area.

What to do

- Divide players into two teams.
- Position players on either end of the boccia court or designated playing area.
- Place a large beach ball at the center of the playing area.
- Players are to aim at the beach ball and attempt to hit it with their boccia balls.
- The coach signals when it is time to beginning throwing.
- The object is to make the beach ball touch an opposing player on the opposite side.
- After all the balls are thrown, a "cease fire" is called and the balls are collected and returned to the players.
- The coach makes another signal allowing players to beginning throwing again.
- The coach also keeps the target beach ball in bounds.



BOMBS AWAY & EASY DOES IT

A drill to improve accuracy in long shots and short shots for the game of Boccia:
Boccia (pronounced 'botch-ya' or 'botchee') is a target game with similar rules to Bocce or Lawn Bowls. It is a Paralympic sport.



Playing the Game

What you need

- Boccia balls, or alternative (see 'Equipment' overleaf).
- Suitable indoor or outdoor playing area.

What to do

- Place a target near the back of the court.
- Have players shoot at will at the target.
- Keep track of the balls that make it to the target.
- Place several targets lying flat near the front V-line on the court.
- Have players shoot at will at the target and keep track of the balls that stay on the target.

KING OF THE HILL

A drill to improve accuracy, strategy and time management for the game of Boccia:
Boccia (pronounced 'botch-ya' or 'botchee') is a target game with similar rules to Bocce or Lawn Bowls.
It is a Paralympic sport.



Playing the Game

What you need

- Boccia balls, or alternative (see 'Equipment' overleaf).
- Suitable indoor or outdoor playing area.

What to do

- Place a target on the court.
- Divide the balls between the players.
- Set a timer allowing approximately 1.5 minutes per ball. Example if each player has 2 balls the time is set at 3 minutes.
- The coach gives a signal and the players fire at will aiming at the target.
- When the timer goes off, the score is tallied for that end.
- Play 4 to 6 ends per game.

PRECISION BOCCIA

A game to improve accuracy for the game of Boccia: Boccia (pronounced 'botch-ya' or 'botchee') is a target game with similar rules to Bocce or Lawn Bowls. It is a Paralympic sport.

Playing the Game

What you need

- Boccia balls, or alternative (see 'Equipment' overleaf).
- Suitable indoor or outdoor playing area.

What to do

- Make four paper targets approximately 3 feet by 3 feet.
- Draw a small circle or square "bull's-eye" on each target.
- Number the targets 1, 2, 3, 4.
- Place the targets 2 deep and 2 short within the playing court.
- The player calls the target they are aiming for (target 1, 2, 3, or 4).
- The player then takes their shot.
- If the ball touches the target at any point, even if it does not stop on the target, the player scores 5 points.
- If the player's ball stops on the target, the player scores 10 points.
- If the player's ball stops inside the bull's-eye, the player scores 25 points.
- Players take turns, each throwing 6 balls.
- The player with the highest total score is the winner.



TEXAS MARBLES

A great game to introduce the concept of scoring for Boccia: Boccia (pronounced 'botch-ya') is a target game with similar rules to Bocce or Lawn Bowls. It is a Paralympic sport.

Playing the Game

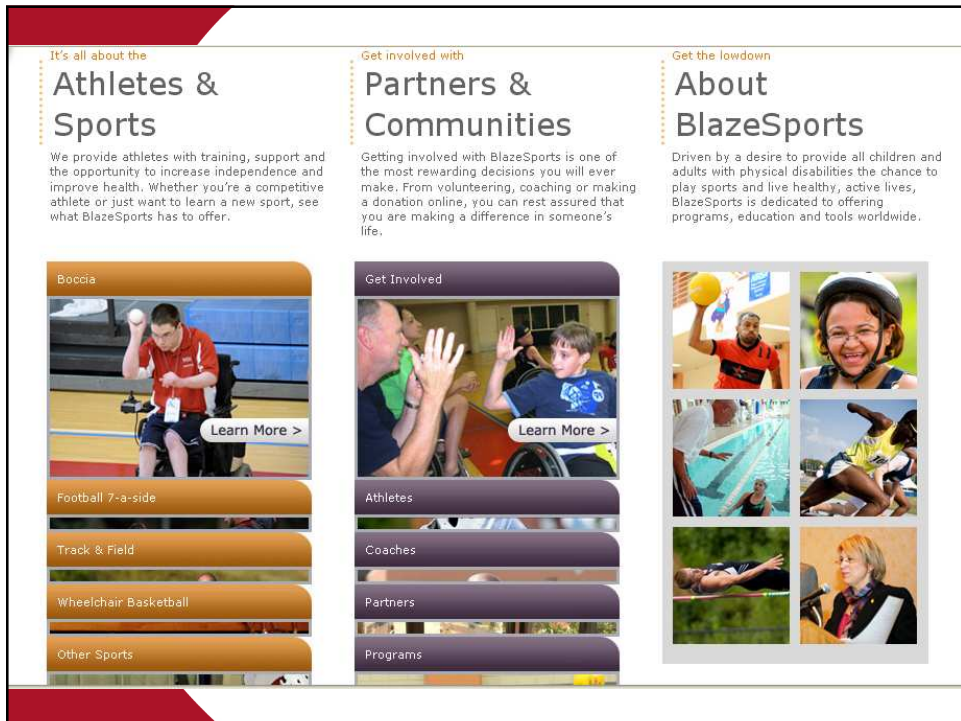
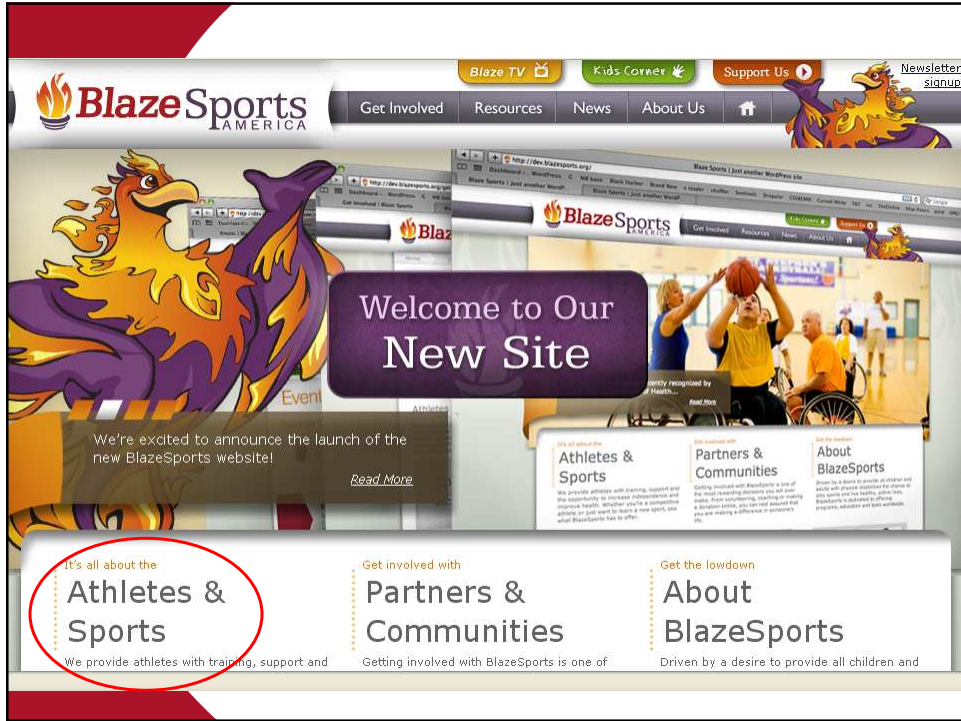
What you need

- Boccia balls, or alternative (see 'Equipment' overleaf).
- Suitable indoor or outdoor playing area.

What to do

- Have players form a large circle.
- Divide the boccia balls among the players (usually one ball per player).
- Place the JACK in the center of the circle.
- Introduce the vocabulary: boccia, jack and end.
- Tell players to try to get their ball as close to the jack as possible.
- Everyone can throw at once.
- Players can roll or throw the ball, propel it with their feet, or roll it down a ball-sending ramp (assistive device).
- Show players how to score as you retrieve the balls.
- Announce the score after each end.
- Return the balls to players, replace the jack and signal for players to throw.







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Unfortunately, the page you're looking for is no longer available. We've reorganized our website and invite you to take a look around.

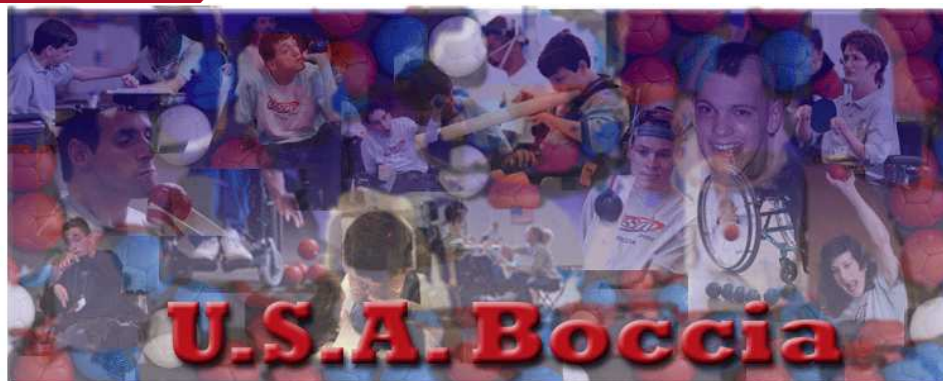
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For additional information on rules, equipment, classification and officiating visit:

www.usaboccia.com





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QUESTIONS?

